

F.No.J.12013/2//2020-SP.CDN  
GOVERNMENT OF INDIA  
MINISTRY OF YOUTH AFFAIRS & SPORTS  
DEPARTMENT OF SPORTS  
(Sports CDN Section)

530-C, Shastri Bhawan, New Delhi 110 001

Dated : 29<sup>th</sup> June, 2020

**OFFICE MEMORANDUM**

**SUBJECT : Circulation of Monthly Summary relating to principal activities and developments in the Department of Sports to the Members of the Council of Ministers.**

The undersigned is directed to refer Cabinet Secretariat's OM No. 1/26/1/2018-Cab. dated 17<sup>th</sup> August, 2018 on above mentioned subject and to enclose (Annexure) the monthly summary pertaining to the Department of Sports for the month of **May, 2020** is hereby circulated for information.



( Raj K. Gupta )

Under Secretary to the Govt. of India.

Tel. No.2338-6416

**Encl : As above.**

To

All Members of Council of Ministers

Copy to :

- (i) All Secretaries to the Govt. of India's Ministries/Departments
- (ii) Director, Cabinet Secretariat, Rashtrapati Bhawan, New Delhi
- (iii) PSs to Secretary (Sports) / JS (SP) / JS (Dev.)
- (iv) Technical Director (NIC) for uploading on the MYAS website (in the section of Department of Sports.

**MONTHLY SUMMARY OF PRINCIPAL ACTIVITIES/ DEVELOPMENT IN RESPECT OF DEPARTMENT OF SPORTS DURING THE MONTH OF MAY, 2020.**

This is regarding the important issues and developments in respect of the Department of Sports during **May, 2020**.

2. In pursuance of guidelines issued by the Ministry of Home Affairs to deal with the COVID-19 pandemic, Ministry of Youth affairs and Sports has only permitted to resume limited sports activities in sports complexes/stadia situated in SAI training centers with all the precautionary measures enumerated in the Standard Operating Procedure (SOP).
3. Besides, following initiatives were taken during the period of lockdown triggered by COVID-19 pandemic, to promote sports among athletes all over India: -
  - (a) 15 Days “Athlete and Coach Education Program” in different sports disciplines was conducted.
  - (b) Online Training Sessions through Zoom app were conducted by the Foreign Coaches/Sports Experts of different sports disciplines wherein they shared and disseminated latest sports techniques and tactics.
  - (c) For efficient utilization of time and available resources, regular online training/classes for athletes were conducted by coaches under monitoring of regional Heads & In-charges of the respective centers.
  - (d) In partnership with Central Board of Secondary Education (CBSE) and Council for Indian School Certificate Examination (CISCE) Boards, fun-filled fitness session for school children on YouTube Channel commenced from 15.04.2020. The programmers covered all aspects of children’s fitness from daily workouts to yoga, nutrition to emotional wellbeing. Besides fitness-related topics, the guidelines of the Ministry of AYUSH to increase immunity were also discussed in the sessions. The viewership of many of these sessions crossed 1 lac.
  - (e) Fit India Active Break capsules with basic yoga, standing postures exercises have also been made available for all schools across the country through the Fit India YouTube channel and Fit India website. Fit India Active Day sessions for school continued during the month of May.
  - (f) Two webinars on Physical Literacy Session were conducted on 25.05.20 and 27.05.2020.
  - (g) Fit India Video capsules for Women and Homemakers by fitness expert, Dr. Rajat Chauhan was released on the Fit India YouTube channel and other social media platforms
  - (h) Fitness! A way of Life – A webinar with Hon’ble Minister of Youth Affairs & Sports, Olympic medalist (Mr. Gagan Narang) and President, ICSI was conducted on 29.05.20 in partnership with ICSI (The Institute of Company Secretaries of India).
4. Due to COVID-19 Pandemic, neither international nor national sports events were organized during the month of May, 2020. However, 1<sup>st</sup> Online Sr. & Jr. National Wushu Championship 2020 (National Competition) on Zoom App was organized successfully from 13<sup>th</sup> to 18<sup>th</sup> May, 2020 wherein SAI Trainees won 14 medals (Gold-04; Silver-04; and Bronze-06). National Camps were also not conducted during this period.

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