

F.No.J-12013/2/2020-Sports CDN
Government of India
Ministry of Youth Affairs & Sports
Department of Sports

530-C, Shastri Bhawan, New Delhi-01
Dated theOctober, 2020

OFFICE MEMORANDUM

Subject: Circulation of Monthly Summary relating to principal activities and developments in the Department of Sports to the Member of the Council of Ministers.

The undersigned is directed to refer to Cabinet Secretariat's O.M. no. NEC-1/26/1/2018-Cab. dated 17th August, 2020 on above mentioned subject and to enclose (Annexure) the monthly summary pertaining to the Department of Sports for the month of **September, 2020** is hereby circulated for information.

Encls.: As above.

R-7, 15/10/2020

Raj K. Gupta
Under Secretary to the Government of India
Tel.: 2338-6416
e-mail: rk.gupta69@nic.in

To
All Members of Council of Ministers

Copy to:

- (i) All Secretaries to the Govt. of India's Ministries / Departments
- (ii) Director, Cabinet Secretariat, Rashtrapati Bhawan, ND.
- (iii) PSs to Secretary(Sports) / JS(SP) / JS(Dev)
- (iv) Technical Director (NIC) for uploading on the MYAS website (in the section of D/o Sports).

MONTHLY SUMMARY OF PRINCIPAL ACTIVITIES/DEVELOPMENTS IN RESPECT OF DEPARTMENT OF SPORTS DURING THE MONTH OF SEPTEMBER, 2020

Department of Personnel & Training has accepted the proposal of the Department of Sports for inclusion of 20 new disciplines (including indigenous and traditional sports like Mallakhamb, Tug-of-War, Roll Ball, etc.) into the list of sports disciplines, which qualify for appointment of meritorious sportspersons under Sports Quota. The revised list (63 sports disciplines from existing 43) has been issued on the 1st September, 2020. After this, meritorious athletes who have performed well [in international events] in these newly added disciplines will now be benefitted under the sports quota.

2. The Department of Sports extended financial support of ₹5 lakhs under the “Pandit Deendayal Upadhyay National Welfare Fund for Sportspersons” in the month of September, 2020, to Ramananda Ningthoujam, a young Indian footballer who has represented India at various international tournaments but now living in indigent circumstances due poor financial condition, and is suffering from kidney failure.
3. The Union Sports Minister announced on 9th September, 2020 that shooters of all categories – elite, developmental and Khelo India – will now be given ammunition and targets from Karni Singh Shooting Range (KSSR) and other accredited academies so that they can continue to train at their home range. After extending this facility, athletes, especially 2024 and 2028 Olympic probables will get a chance to continue their training wherever they are in the country.
4. During his visit to Leh/Ladakh, Union Sports Minister laid Foundation Stones for various sports facilities costing over ₹12 crore in that region on 14th September, 2020 including a Synthetic Track & AstroTurf for football at Leh Open Stadium. The estimated project cost is ₹10.68 crore and is expected to be completed by January, 2021. Similarly, construction of Gymnasium Hall in NDS indoor stadium would cost about ₹1.52 crore and construction is expected to be completed by March 2021.
5. The Mission Olympic Cell (MOC) in an online meeting on 28th September, 2020 to discuss proposals athletes in six sports disciplines under Target Olympic Podium Scheme (TOPS), sanctioned weightlifter Mirabai Chanu’s proposal of approximately ₹40 lakhs for a two-month overseas training programme in Kansas, USA along with her coach and physiotherapist, as well as her rehabilitation for a long standing injury that she had been carrying, with a view to provide the best facilities to our Olympic-bound athletes.
6. Sports Authority of India organized various high performance training programmes online to upgrade the Skills of its personnel.
 - (i) Online refresher courses from 24th August 2020 to 14th September 2020 for SAI Coaches in eight different sport disciplines. Approx 150 Coaches attended the online program.
 - (ii) Coach Upgradation Program for High Performance Training from 21st September 2020 to 28th September 2020 for Volleyball and Taekwondo. 40 SAI Coaches of various centres attended the said training programs.
 - (iii) One-week online training program was organized on Nutrition from 22nd September 2020 to 30th September 2020 for in-charges of NCOEs and STCs, approx. 50 in-charges attended the program.
 - (iv) Lecture was organized on 25th Sept., 2020 on Pre and Rehabilitation of well athletes. Are we doing enough? session was taken by Dr. Yeo Wee Kian, Exercise Physiologist, Head of Education & Research (Former Dy. CEO), National Institute of Sports, Malaysia.

- (v) Masseurs from various SAI Centres attended online webinar on “Therapeutic Massage for Athletes” organized by Sri Guru Govind Singh Tricentenary (SGT) University on 26th September 2020.

7. As a part of celebration of 1st Fit India Anniversary, an online event held on 24th September, 2020 where Hon’ble Prime Minister, Shri Narendra Modi interacted online with fitness influencers and drew out the imperative need of fitness and health. On the occasion, Age Appropriate Fitness Protocols named as GOALS (Goals for Active Life Style) for different age groups categorized as 05-18 years, 18-65 years and 65+ years have been launched by Hon’ble Prime Minister.

8. Fit India Freedom Run is being conducted from 15th August, 2020 to 2nd October, 2020 to encourage fitness and a healthy lifestyle. The freedom run has been successfully continuing across the country during the month of September, 2020. Fit India Freedom Run was conceived to meet the need of fitness in these unprecedented times while adhering to social distancing norms and encourage participants to register the miles they have run at their conveniences in the portal. As on 25.09.2020, it has been reached to more than 30 crore people on social media and more than 2 crore people have participated.
