

No. 12-2/2020-SP.III
Government of India
Ministry of Youth Affairs & Sports
Department of Sports

Shastri Bhawan, New Delhi-110001
Dated the 11 April, 2022

To,

The Director General,
Sports Authority of India,
Jawaharlal Nehru Stadium Complex,
Lodhi Colony, New Delhi-110003.

Subject: Revision of the norms of assistance under the Scheme of Assistance to National Sports Federations – clarification regarding food supplements-regarding

Sir,

I am directed to refer to this Department's circular of even number dated 28.02.2022 regarding the revision of the norms of assistance under the Scheme of Assistance to National Sports Federations (NSFs) and to say that additional diet allowances, mentioned for the item 'Boarding & lodging etc. for camps' at S. No. 5 of the table under para 4 of the above-mentioned circular, will also include allowances for food supplements.

2. I am also directed to clarify further, as follows:

2.1 The responsibility of procurement of Food Supplements, their custody and distribution shall be that of the NSFs.

2.2 The requirement of use of Food Supplements by the athletes may be decided by the NSFs, keeping in view the guidance/recommendation of experts/nutritionists.

2.3 The NSFs may ensure that the Bid Document for the purchase of Food Supplements should include a special condition that the supplier(s) should attach a certificate, along with their bid to the effect that the Food Supplements that would be supplied had been tested (with Batch No.) and those are free from prohibited/banned Substances as per the latest list of WADA.

2.4 The instructions of this Department dated 28.09.2015 with regard to the guidelines for provision, procurement and distribution of Food Supplements to the national campers attending national coaching camps shall stand amended to this extent.

3. It is also hereby reiterated and brought to the attention of all concerned with the training and preparation of athletes should that as per Article 2.1 of the WADA Code, it is the athletes'



personal duty to ensure that no prohibited Substance enters their bodies. It is the athletes who are responsible for any prohibited Substance or its Metabolites or Markers found present in their samples. This important fact may be brought to the notice of athletes, coaches, support personnel etc. in order to ensure compliance of the said provisions.

4. This issues with the approval of the Competent Authority.

Yours faithfully,



(S.P.S Tomar)

Deputy Secretary to the Govt. of India

To,

1. PS to Minister (YA&S)
2. PS to MOS (YA&S)
3. PPS to Secy. Sports
4. All JS/DIR/DS/US in Deptt. Of Sports
5. Director (Finance), MYAS
6. PS to DG, SAI
7. ED (Teams), SAI
8. CEO, TOPS, SAI
9. ED (Finance), SAI
10. President and Secretary General, Indian Olympic Association
11. President and Secretary General all Recognized NSFs (as per list)
12. NIC for uploading on the website of Ministry.



(S.P.S Tomar)

Deputy Secretary to the Govt. of India